

#### Lodge Features Guide



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## Welcome to Hesketh Park Lodge

Situated beside its beautiful namesake, Hesketh Park Lodge is a modern and purpose-built care home.

The Lodge has been thoughtfully designed to deliver comfort, convenience and enriched lifestyles to all who reside here.

Our dedicated team of care professionals is always on hand to support residents, aiming to make the most of each day.

#### Care Services



#### Residential Care

Hesketh Park Lodge is designed for residents who have made the choice to live within a care home community where they can benefit from a wide range of support and companionship.

Our dedicated team of care professionals is always on hand to support residents; from providing assistance with daily activities, including dressing and mealtimes, to aiding visits to external professionals such as GPs.

Residents are encouraged to enjoy their lives through a range of engaging activities in the local community and within the care home.



## Residential Dementia Care

The Lodge provides a safe, secure and responsive environment for those in the earlier stages of dementia.

As a purpose-built facility, Hesketh Park Lodge has communities dedicated to residents who are living with cognitive impairment.

We have designed the Lodge to incorporate a number of special features including designated breakaway spaces and easily identifiable signage, allowing residents to easily familiarise themselves with their surroundings.



#### Care Services



#### General Nursing Care

We offer General Nursing Care for those who are living with longterm illness or disability where more complex medical support is required.

Our dedicated nursing team provides a person-centred approach, ensuring all medical needs are met and that conditions can be managed professionally.

As well as in-house medical teams, Hesketh Park Lodge welcomes visits from GPs and other professionals including physiotherapists, dieticians, opticians and chiropodists, to fully support and complement our residents' care.





#### Lodge Facilities

- Hair & Beauty Salon
- Spacious Lounges
- Dining Rooms

- Cinema Room
- Landscaped Gardens

The home itself is beautifully finished and kept clean and fresh.

The facilities at Hesketh Park Lodge include:

- Bedrooms with En Suite Wet Room

- Residents' Kitchens
- Snug Area
- Visitor Car Park

Son of Resident



Whilst each room is well-equipped with high quality furnishings, we encourage residents to bring meaningful keepsakes to decorate and personalise the room, making the home their own.

I have seen my sister improve both physically and mentally. Each time we visit she always has something new to talk about. Sister of Resident

#### Bedrooms

Our bedrooms are spacious, complete with an en suite wet room and wireless alert system that allows residents to call a member of staff at any time of day or night when additional assistance is required.

Each room includes:

- Adjustable Profiling Bed - Flat Screen TV - Wireless Internet Connection - En Suite Wet Room - Wireless Alert System



#### Hair & Beauty Salon

Our in-house hair & beauty salon comes with a resident hair stylist, who is available to all residents.

Residents are welcome to invite their own personal hairdresser to visit if they wish.

We also provide beauty treatments such as manicures, pedicures and hand massages.

#### Dining Rooms

Hesketh Park Lodge has been designed with maximum care and attention to make sure that residents get the most out of their dining experience.

From beautifully set tables to freshly made meals cooked by our in-house chef, residents can expect to receive only the best service.

#### Spacious Lounges

The Lodge has several lounges, furnished for the relaxation and entertainment of our residents.

Here, we often host entertainers, film afternoons, exercise classes and more.

We also have designated areas around the home for residents and their guests to enjoy each other's company in comfort and privacy.

## Landscaped Gardens

Our residents and their families and friends have access to our manicured garden where they can spend time enjoying the beautiful surroundings or even try their hand at gardening.



#### Cinema Room

Our in-house cinema room provides residents with a true cinematic experience, perfect for watching films, TV and sporting programmes with friends.

### Residents' Kitchens

Each of our communities has access to its own kitchen, day or night. This provides a place for residents and guests to make hot drinks or snacks.

# Visiting the Lodge

Families and friends are warmly welcomed to Hesketh Park Lodge.

We consider visiting an essential way of ensuring that our residents stay in touch with their loved ones.

There's always time for a simple chat over a cup of tea or coffee using our residents' kitchen facilities or, with prior arrangement, they can join residents for meal times.

### The Local Area

Situated near to the promenade with easy access to the town centre, Hesketh Park Lodge is located on a bus route, offering easy access for residents and visitors.

Southport is a thriving Victorian seaside town with a wide range of amenities and organised events throughout the year.



## Dining Experience

Here at Hesketh Park Lodge, we understand the importance of a nutritious and well-balanced diet.

We take pride in our dining service and only use the finest seasonal produce available to make every meal the best it can be. Our menus are crafted with care and attention, tailored to residents' preferences and cultural or dietary requirements.

A lovely, well managed home that has healthy and varied meals.

A wide range of refreshments is available on request 24 hours a day and residents are welcome to invite friends and family to meals at the Lodge – booking availability and related costs are available from the Lodge reception.

Friend of Resident



## Activities & Wellbeing

We are dedicated to making our residents' home a happy, vibrant and fun place to live!

Our Activities & Wellbeing team provide residents with a varied and engaging programme that inspires communication, social interaction, movement, reminiscence and more.

Example of activities include:

Musical Sing-Along Sessions
Exercise Classes
Arts & Crafts
Knit & Natter
Intergenerational Sessions (with our twinned nursery)

There are also regular visits to parks, markets and shops in and around the local area, as well as organised excursions to places of interest.

To keep up-to-date with all our latest goings on, families and friends are encouraged to follow our Facebook & Instagram pages.



#### Contact Details

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Providing compassionate care in a **home** you make your own.

